

# The Kennedy Collective's Autism Project **Fall/Winter 2022**



For more information: 203-332-4535 ext. 2356  
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## Monday

**In-Person Location:** 39 Lindeman Drive in Trumbull

**Time:** 4:00 – 5:00pm

**Zoom Dates:** 9/12, 9/26,  
10/17, 11/21, & 12/12

**In-Person Dates:** 9/19,  
10/3, 11/7, & 12/5

**Creative Connections** Ages: All Ages Fee: Zoom: \$50 In-person: \$200 All: \$240

**Creative Connections** Over the next few months, you are invited to join us on a creative journey as we explore a variety of art techniques, learn about different artists, and experiment with new materials. This group is led by Meaghan Heeks, an Expressive Arts Therapist at The Kennedy Collective. We will be creating art via Zoom & in-person. Price for in-person covers all costs of materials. **Save \$10** by joining both Zoom & In-person!

**\*NO Program 10/10, 10/24, 10/31, 11/14, 11/28**

## Tuesday

**Time, Location or Zoom TBD by event**

**Time:** 6:00 – 7:00 pm

**Zoom/or In-Person Dates:**  
9/20, 10/25, 11/29, 12/20

**Parents Empowering Parents (PEP)**

**Zoom/In-person**

**\*No Fee\***

**Parents Empowering Parents (PEP)** is a safe place for parents and caregivers to talk about their life caring for a child or Adult on The Autism Spectrum or other diverse needs. This is a positive group where we share resources, talk about challenges and accomplishments, provide parent information workshops, discuss advocacy, and support and empower each other. This group will meet one time a month via Zoom, with the potential for in-person...TBD!

## Thursday

**Zoom and Fairfield University**

**Time:** 4:00 – 5:00pm (Zoom)  
4:00 – 5:30pm (Campus)

**Zoom:** 10/13 & 11/3

**Campus:** 10/20, 10/27, 11/10  
& 11/17

**TOPS**

**Ages: 18-21 yrs.**

**Fee: \$250**

**TOPS (Transition Opportunities for Postsecondary Success)** TOPS students are invited to join a unique program for those with ASD who are considering college as the next step. With the guidance of The Kennedy Collective, Fairfield University Faculty and Graduate/Undergraduate Students, this group will meet via Zoom and on the Fairfield University Campus to work on topics related to the college age student. TOPS will run for 6 consecutive weeks, with attendance being mandatory for both Zoom and on Campus.

## Thursday

**In-Person location:** 4021 Main Street in Stratford or TBD by event

**Time:** 6:00pm – 7:00 pm \*

**Zoom Dates:** 9/22, 10/6, 10/20,  
11/3, 11/17 & 12/8

**In-person Dates:** 9/29, 10/13,  
10/27, 11/10, 12/1 & 12/15

**Hanging with Friends** Ages: 18 + Fee: Zoom: \$60 in-person: \$144 All: \$200

**Hanging with Friends** is a social group for young adults with ASD. This is a self-guided program, where the group votes on the activity for the following week. We will meet online for Trivia, virtual Tours, or group games, and will also meet In-Person at different locations (ex. restaurant, bowling, etc.). Hanging with Friends is co-led by Rayshonda, who holds a Graduate Certificate in Special Education Transition to Adulthood and a TKC Staff. This group is both fun and educational! **Time may vary, depending on activity.**

**\*No Program 11/24**

**Time:** 9:30 – 10:30 am**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Preschool Pals****Ages:** 3-4 yrs.**Fee:** \$400

**Preschool Pals** is an interactive playgroup that focuses on language and social communication through a play-based curriculum. This group is led by a speech and language pathologist and will guide the group as they participate and practice age-appropriate play skills.

**Time:** 9:30 – 10:30am**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Explorers****Ages:** 5 – 11 yrs.**Fee:** \$300

**Explorers** is a social group that encourages language and social communication through reciprocal play, art, and age-appropriate social skills. Skills will be practiced through organized activities led by a Kennedy Collective staff with advanced support from a Behavior Specialist when needed. May be combined with Move and Groove.

**Time:** 10:30- 11:30am**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Move and Groove****Ages:** 5 – 11 yrs.**Fee:** \$300

**Move and Groove** is an hour-long program of dance, movement, and yoga, facilitated by a Dance and Movement Therapist (DMT). Can be combined with Explorers.

**Time:** 10:30 – 11:30 am**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Trailblazers****Ages:** 12—16 yrs.**Fee:** \$300

**Trailblazers** is a social actively group designed to foster appropriate peer communication in a natural setting. Skills will be practiced through organized activities led by a Kennedy Collective staff with advanced support from a Behavior Specialist when needed. Can be combined with Jump and Jive.

**Time:** 9:30 – 10:30am**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Jump and Jive****Ages:** 12 and up**Fee:** \$300

**Jump and Jive** is an hour-long program of dance, movement, and yoga, facilitated by a Kennedy Collective Dance and Movement Therapist (DMT). Can be combined with Trailblazers.

**Time:** 10:30 – 11:30am**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Future Strong****Ages:** 16- 21 yrs.**Fee:** \$300

**Future Strong** a social group that encourages healthy relationships and friendships through peer mentoring and the exploration of self-advocacy in a natural setting. Can be combined with Jump and Jive.

**Time:** 11:30– 12:00pm**Dates:** 10/1, 10/15, 10/22,  
10/29, 11/5, 11/12, 11/19,  
12/3, 12/10, 12/17**Among Friends Snack Social****Ages:** 5 – 21 yrs.**Fee:** \$150

**Among Friends Snack Social** is a social group for those who participated in the morning activities! The purpose of this program is to get together to have snack and socialize with friends, with the guidance of Kennedy Collective staff.

**\*No Program on 10/8 & 11/26,**

# The Kennedy Collective's Autism Project **Fall/Winter 2022** Registration

## Contact Information:

Amy Dingwall, MAT [adingwall@thekennedycollective.org](mailto:adingwall@thekennedycollective.org) or 203-332-4535 ext. 2356

How to Register and Pay: Please fill out the form below and send it to me [adingwall@thekennedycollective.org](mailto:adingwall@thekennedycollective.org)

### Pay online

<https://palmandable.com/collections/autism-project>

### Pay by Mail

The Kennedy Collective  
2440 Reservoir Ave.  
Trumbull CT 06611

Attn: Mary Pat DeCarlo/Autism Project

**\*Checks made out to: The Kennedy Collective Autism Project \***

### **FYI...**

- Please be on time for all programs. There will be a fee of \$15 for every 15 minutes past pick up time
- *Preregistration required prior to the start of all programs, as well as the commitment to attend the program on the dates and program you have requested. Please email to inquire about preregistration*
- *The Kennedy Collective reserves the right to cancel or modify any program due to low enrollment, changes in health guidelines, weather, or other circumstances out of our control. Thank you for understanding!*

## Participant Contact Information:

Child's name:

DOB:

Date:

Parent/Guardian Name:

Email Address:

Preferred Phone #:

Address:

Town/City:

Zip:

## Program Registration: Please check all that apply

Creative Connections (5+) ☐ Parents Empowering Parents ☐ Hanging with Friends (18+) ☐ TOPS (18- 21) ☐

Preschool Pals (3-4) ☐ Explorers (5-12) ☐ Move & Groove (5-12) ☐ Trailblazers (13-18) ☐ Jump and Jive (13 – 21) ☐

Future Strong (16 – 21) ☐ Among Friends Snack Social (5+) ☐ Among Friends Theater Company (12- 22) ☐

Zoom/In-Person Photo Consent: Yes ☐ No ☐

Vaccinated: Yes ☐ No ☐